How does your brain control your body?

THINK FAST!

| Record your results | | |
|---------------------|-----------------|--|
| Trial | Number on ruler | |
| Trial #1 | cm | |
| Trial #2 | cm | |
| Trial #3 | cm | |

RULE #1

Droppers must hold the ruler so the 1 cm mark is between the Catchers' fingers.

RULE #2

Catchers can't move until they see the ruler drop.

Circle the picture by your fastest reaction time

| Picture | Distance on ruler | Time it takes for the ruler to fall this far | That's the same time it takes |
|----------|-------------------|--|---|
| | 0 - 5 cm | less than 100 milliseconds | for a ROCKET SHIP to travel a ½ mile |
| | 6 - 10 cm | 100 to 140 milliseconds | for a BLINK of an eye |
| 5 | 11 - 15 cm | 140 to 180 milliseconds | for a LIGHTNING BOLT to travel 10 miles |
| ** | 16 - 20 cm | 180 to 200 milliseconds | for a CHEETAH to run 20 feet |
| * | 21 - 25 cm | 200 to 230 milliseconds | for a SNAP of the fingers |
| | 26 -30 cm | 230 to 250 milliseconds | for a RACE CAR to drive 85 feet |